



### **Trail Mix**

Makes: 16 servings

Recommended serving size: ¼ cup

#### Ingredients:

1 1/2 cups dry roasted edamame

2 cups Cheerio's™

1/4 slivered almonds

1/4 cup chocolate chips

#### Directions:

1. Combine ingredients.

Nutrition information per serving: 90 calories, 9 grams carbohydrates, 6 grams protein, 3 grams fat