



## **Buffalo Chicken Celery Boats**

Makes: 4 servings

Recommended serving size: 2 boats

### Ingredients:

1/3 cup Frank's RedHot® hot sauce

2 tablespoons Greek yogurt

Salt and pepper to taste

2 cups shredded rotisserie chicken

4 stalks celery, cut into 3" pieces

1/3 cup crumbled blue cheese

Chives, for garnish

### Directions:

1. In a medium bowl, whisk together hot sauce and Greek yogurt, then season with salt and pepper. Add shredded chicken and mix to combine.
2. Spoon chicken mixture into celery boats.
3. Top with blue cheese and chives.

Nutrition information per serving (2 boats): 80 calories, 1 gram carbohydrates, 11 grams protein, 4 gram fat